



## 2026 Vitamin, Weight Management & Sports Nutrition Session

### Agenda

<b>Monday, September 14, 2026</b>		
Arrivals & Registration	10:00 AM	6:00 PM
3rd Annual ECRM VMS Golf Outing	1:30 PM	5:00 PM
Cocktails	06:00 PM	07:00 PM
<b>Tuesday, September 15, 2026</b>		
Run/Walk Club - Meet in Lobby - Lobby	6:00 AM	6:45 AM
Breakfast	6:45AM	8:45AM
Meetings	8:00 AM	12:00 PM
Lunch	11:30AM	1:00PM
Meetings	12:40 PM	5:00 PM
Conquer Hunger	5:00 PM	6:00 PM
Cocktails	6:30 PM	7:00 PM
Dinner	07:00 PM	09:00 PM
<b>Wednesday, September 16, 2026</b>		
Run/Walk Club - Meet in Lobby - Lobby	6:00 AM	6:45 AM
Breakfast	6:45AM	8:45AM
Meetings	8:00 AM	12:00 PM
Lunch	11:30AM	1:00PM

Meetings	12:40 PM	5:00 PM
Cocktails	06:00 PM	07:00 PM
Pickleball hosted by DrugStore Management / Non-Foods Management	6:00 PM	8:00 PM
<b>Thursday, September 17, 2026</b>		
Breakfast	6:45AM	8:45AM
Meetings	8:00 AM	12:00 PM
Lunch	11:30AM	1:00PM
Meetings	12:40 PM	03:00 PM